

# Long- and Short-Term Disability, Workers' Compensation and Prevalence Trends for Employees with Substance Abuse Mental Disorders in the United States

Richard A Brook, MS, MBA<sup>1, 2, 3</sup>; Nathan L Kleinman, PhD<sup>4</sup>; Ian A Beren, BS<sup>4</sup>.

<sup>1</sup>Better Health Worldwide, Newfoundland, NJ. <sup>2</sup>The National Payor Roundtable, Glastonbury, CT. <sup>3</sup>National Association of Specialty Pharmacy, Washington, DC. <sup>4</sup>Workpartners, LLC, Loveland, CO.

## Background

- United States (US) employee benefits include:
  - Sick Leave (SL) for paid time off, generally without a specific reason.
  - Short- and Long-term Disability (STD and LTD, respectively) for non-work-related injuries/illnesses.
  - Workers' Compensation (WC) for work-related injuries/illnesses.
- Absences due to SL, STD, LTD, and WC can have significant impact on business performance.
- Employers are intensifying efforts to manage these benefits and make connections with employee health.
- The 2020 Kaiser Family Foundation survey on employer health benefits<sup>1</sup> provides an excellent overview of typical employer coverage for direct medical and prescription costs.
  - It did not include any information on Sick Leave, Short- and Long-term Disability or Workers' Compensation.
- Published research on absence costs and lost time often inappropriately uses:
  - Proxies and subjective data (from surveys) to estimate absences, which:
    - Are subject to recall issues.
    - May report absences or impairments that didn't occur during their work hours.
  - Constant dollars and fixed salary-replacement percentages to estimate absence costs across benefits and diseases.
- The US prevalence of substance abuse mental disorders has been increasing, partially due to the Opioid Crisis.
- This study compares all-cause STD, LTD, and WC utilization and explores changes from baseline for employees with substance abuse mental disorders based on the US Agency for Healthcare Research and Quality (AHRQ) categories Alcohol-related and Substance-related Disorders.

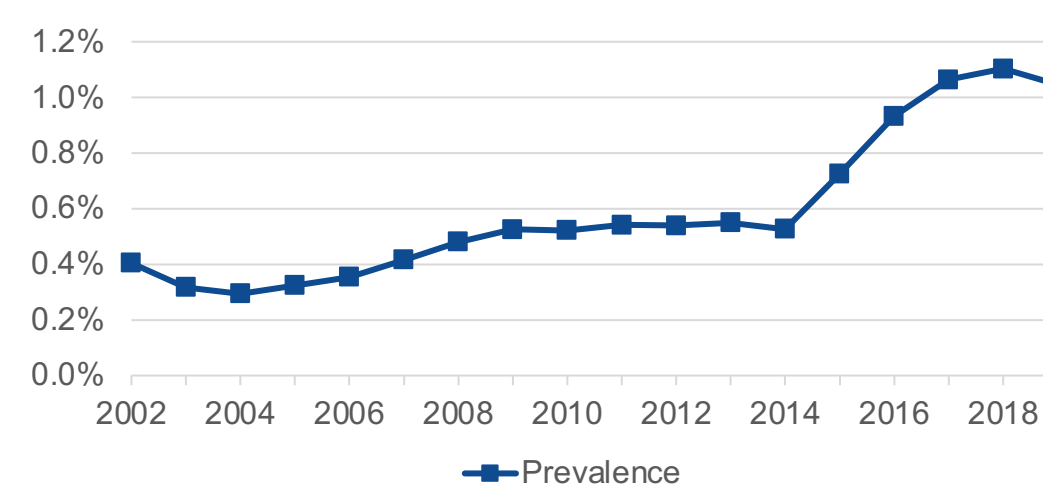
## Study Population

- US employees within the Workpartners (formerly HCMS) Research Reference Database (RRDb) from 2002–2019.
- Workpartners RRDb contains:
  - Medical and pharmaceutical claims for over 3 million employees and dependents.
  - Enhanced employee demographics (including self-reported race).
  - Job-related employee information (salary, job type, full/part-time status, exempt/non-exempt status).
  - Employees in all states.
  - Claims with absence durations and payments for employee populations eligible for STD=1.2 million, LTD=1.1 million, WC=1.4 million, SL=710,000.
- The Workpartners RRDb has been used for research in:
  - Mental disorders including bipolar disorders<sup>2,3</sup> and major depressive disorders<sup>4</sup>.
  - Specialty pharmacy-managed conditions such as Hepatitis-C<sup>5,6</sup> and Rheumatoid Arthritis<sup>7</sup>.
  - Various other conditions.

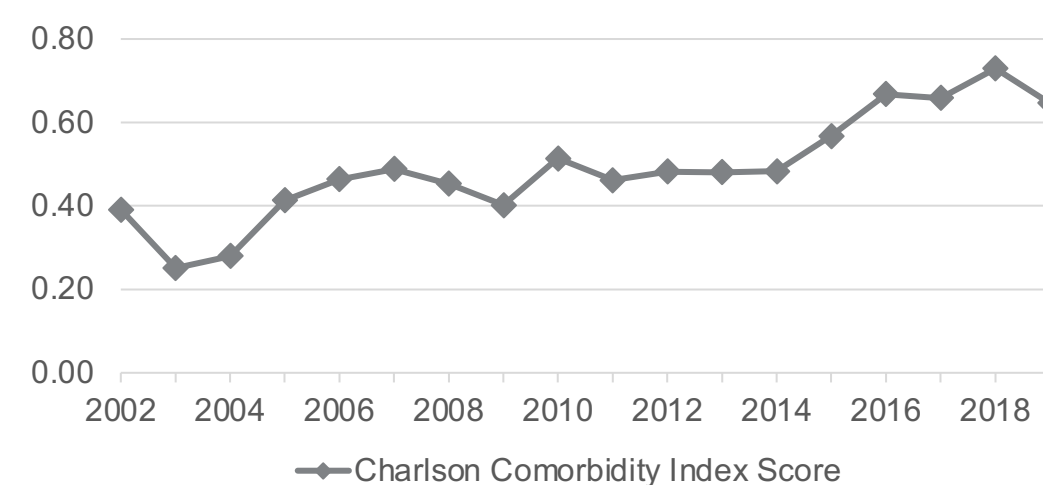
## Methods

- Retrospective analysis of US employees in each year with medical claims in the Workpartners RRDb from the AHRQ substance abuse mental disorders category.
- For the substance abuse mental disorders category, each year the analysis focused on:
  - The prevalence and Charlson Comorbidity Index score<sup>8</sup> for each year's population.
  - The percent of eligible employees utilizing each benefit.
  - Mean leave length (in days).
  - Median payments as a percent of salary.
- Short- and Long-term Disability and Workers' Compensation payments included lump-sum distributions and potentially extended beyond the year initially incurred.
- Workplace accidents were paid under the Workers' Compensation benefit.
- Excluded claims:
  - Workers' Compensation claims without absence from work (medical only).
  - Sick Leave claims may be taken for any reason and were excluded.
- All employees' absences were aggregated based on the initiation year.
- For each benefit, average leave-length and median payment were calculated and compared with baseline (2002).

Annual Disease Prevalence

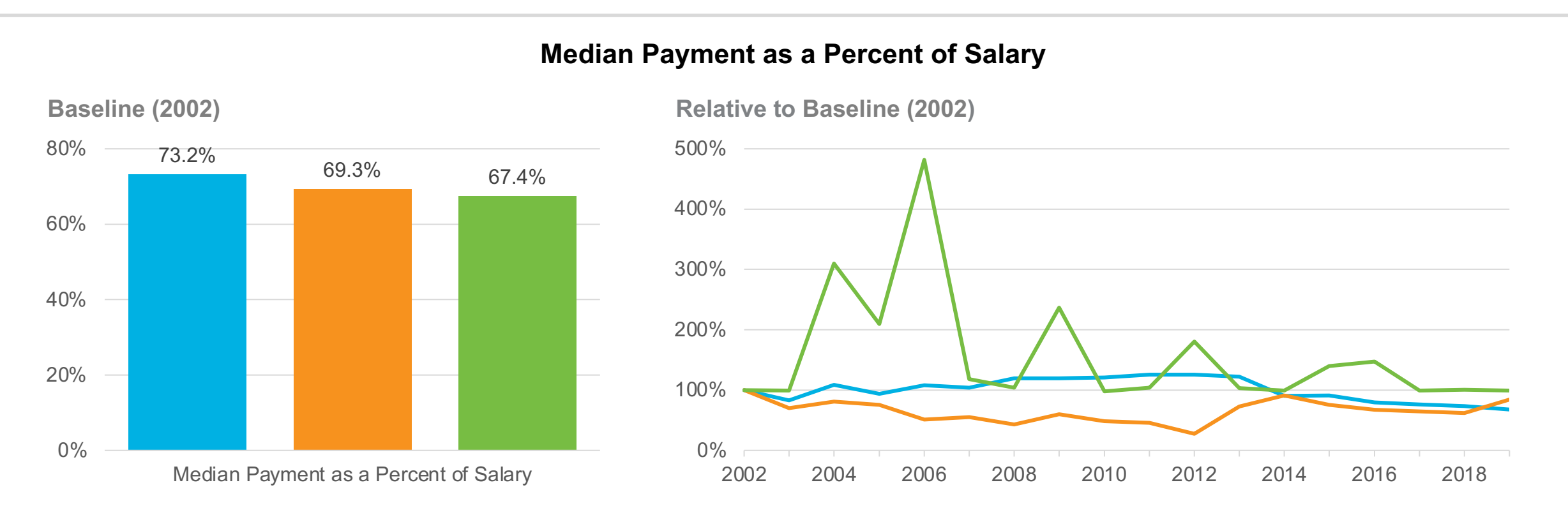
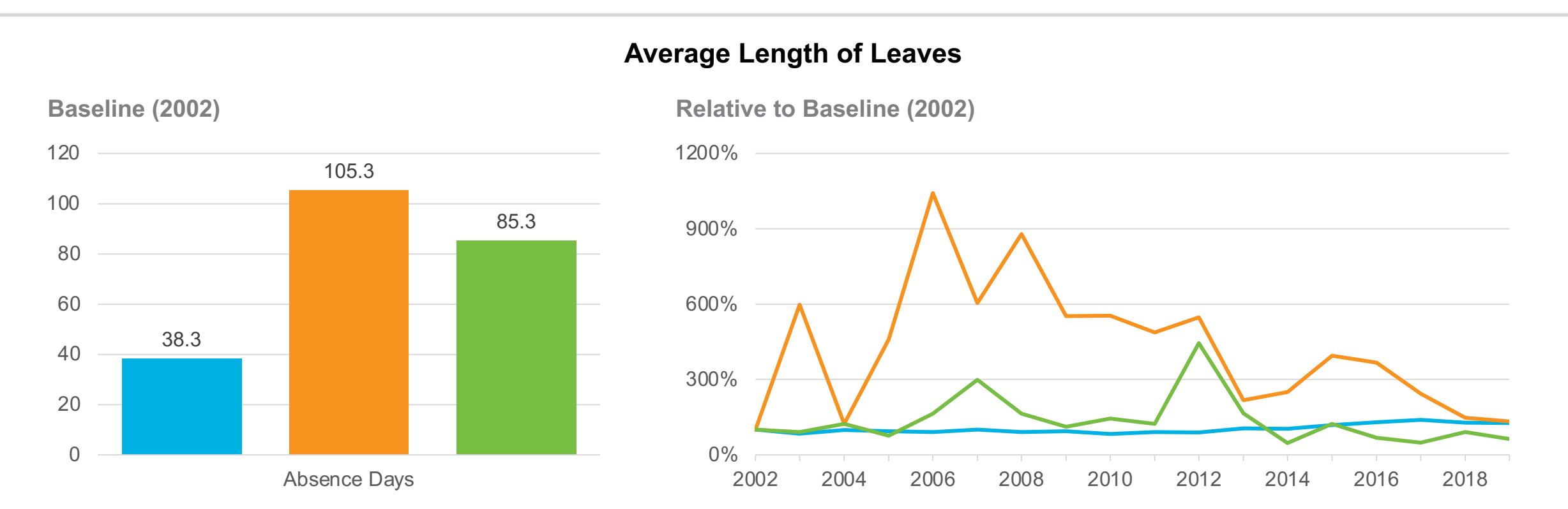
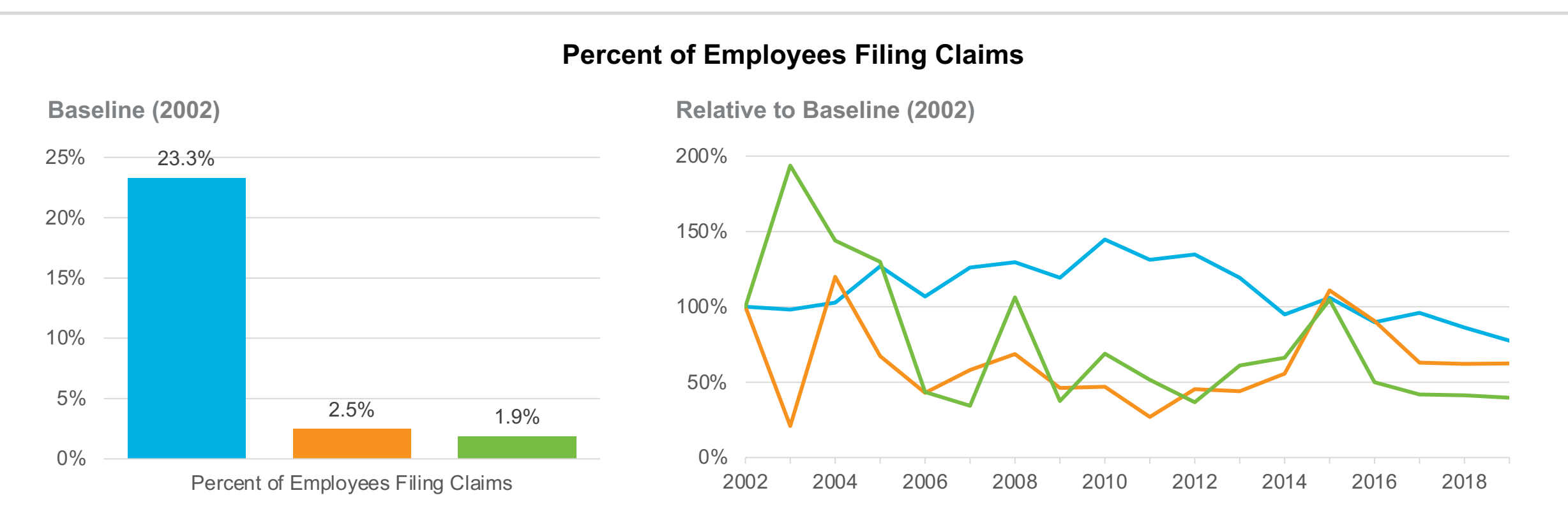


Annual Charlson Comorbidity Index Scores



## Results

Legend: Short-term Disability (Blue), Long-term Disability (Orange), Workers' Compensation (Green)



## Most Impacted Years

	STD	LTD	WC
Highest median payments	2012	2001	2006
Longest claim lengths	2017	2006	2012

## Conclusions

- The percent of employees with substance abuse mental disorders has been increasing since 2003, and the percent of employees filing claims varies by benefit.
- For each benefit, the leave lengths and payments as a percent of salary vary over time.
- Using a constant cost or salary replacement factor over time for all benefits is not accurate or appropriate.

## Implications for Policy or Practice

- Coordination of benefits is important.
- Analysis of the impact of workplace accident and disability leaves and payments by use of a constant salary-replacement factor is inappropriate.
- Person-level data by year and benefit should be used.

## References

- The 2020 Kaiser Family Foundation Survey of Employer Health Benefits. Available at: <http://files.kff.org/attachment/Report-Employer-Health-Benefits-2020-Annual-Survey.pdf>.
- Brook RA, et al. *Am J Manag Care*. 2007 Apr;13(4):179-86.
- Gardner HH, et al. *J Clin Psychiatry*. 2006 Aug;67(8):1209-18.
- Kuvadla H, et al. *PCC for CNS Disorders*. 2021 *In Press*.
- Su J, et al. *Hepatology*. 2010 Aug;52(2):436-42.
- Baran RW, et al. *J Med Econ*. 2015;18(9):691-703.
- Kleinman NL, et al. *J Occup Environ Med*. 2013;55(3):240-4.
- Charlson ME, et al. *J Chronic Dis*. 1987;40:373-83.